

# TAKE THE CHALLENGE LES ÎLES À VÉLO 2016



SUNDAY, JULY 24  
(27<sup>TH</sup> ÉDITION)

**REGISTRATION:**  
**CENTRE D'ACTIVITÉS  
PHYSIQUES DES ÎLES,  
25 CHEMIN DE LA PISCINE,  
L'ÉTANG-DU-NORD,  
QUÉBEC, G4T 3X4  
418-986-4060  
FROM MONDAY, JULY 11, 2016 TO  
FRIDAY, JULY 22, 2016  
DURING OUR OPENING HOURS**

## SPONSORS:

- CAISSES POPULAIRES DES ÎLES
  - LE PÉDALIER
  - GERMAIN CHEVARIE  
(DÉPUTY OF ÎLES-DE-LA-MADELEINE)
  - GROUPE CTMA
    - CFIM
    - LE RADAR
- LES BREUVAGES DERASPE
- BONICHOIX (TREMBLAY-HUOT)
- BOULANGERIE RÉGIONAL
  - SANI-VENT

## Services for the cyclists (water bottles):

- At Madeleine Automobiles in L'Étang-du-Nord
- On the Butte du manoir (Verrerie La Méduse) in Havre-aux-Maisons
- In Pointe-aux-Loups (in front of the convenience store)
- At the Mine Seleine (in Grosse-Île) + granola bars

## Note:

All participants must be on-site half an hour before the departure.

All participants must be independent in the event of a bike dysfunction or an injury occurring during the ride.

We invite you to share rides because there will not be any bus transportation for the return.

# Les îles à vélo 2016

## SUNDAY, JULY 24



## The 91 km:

**Start at 9 a.m. at the cultural centre of Havre Aubert**

Take route 199 until Madeleine Automobile  
Turn left on chemin de l'Étang-du-Nord  
Turn right on chemin des Caps to go through the village of Fatima Turn left to come back on route 199 and cross the villages of Havre-aux-Maisons, Pointe-aux-Loups, Grosse-Île, Old Harry, Pointe de l'Est and, lastly, Grande-Entrée to get to the finish line on the Grande-Entrée wharf.

## The 56 km:

**Start at 10:30 a.m. at the Cuesta near the bridge of Havre-aux-Maisons**

On route 199, cross the villages of Havre-aux-Maisons, Pointe-aux-Loups, Grosse-Île, Old Harry, Pointe de l'Est and, lastly, Grande-Entrée to get to the finish line on the Grande-Entrée wharf.

## The 28 km:

**Start at 11:00 a.m. at about 6km after the village of Pte-aux-Loups (1km after the chalets on the right side of the road).**

On route 199, cross the villages of Grosse-Île, Old Harry, Pointe de l'Est and, lastly, Grande-Entrée to get to the finish line on the Grande-Entrée wharf.

## The 12 km :

**Start at 10 a.m. at the fire station of the Pointe de l'Est**

Cross the village of Grande-Entrée to get to the finish line on the Grande-Entrée wharf.