

The Madelicourons 2016 is proposing a 1 km, 5 km, 10km and a 21.1km.

*! CHALLENGE YOURSELF !*

- A participation certificate will be given to every runner/walker.
- Awards (\$) and participation prizes will be offered
- The awards are offered by Caisses Desjardins des Îles, Pharmacie Jean Coutu (Geneviève Lévesque) and Pharmacie Proxim (Yves Poirier)

**PLEASE READ CAREFULLY BEFORE FILLING YOUR REGISTRATION.**

REGISTRATION DEADLINE :  
FRIDAY JULY 8th 2016 9pm

REGISTRATION PERIOD :  
**FROM MONDAY JUNE 27th UNTIL  
FRIDAY JULY 8th 2016**

**DURING BUSINESS HOURS**

**REGISTRATION FEES:**

5, 10 and 21.1km  
18y.o. and over: 30\$  
17y.o. and under: 20\$  
1km: 5\$

\*Please note that it will be possible to register on Saturday 9th and on Sunday 10th with an additional charge.

**21.1km route:**

The departure will take place at the Culturel Center of Havre- Aubert, takes the road 199 towards Bassin, keeps the road 199 along the Havre-aux-Basques all the way to the Piscine Régionale des Îles parking lot.

**10km route:**

The departure will take place on the Havre-aux-Basques (near the bridge) takes the road 199 along the Havre- aux-Basques all the way to the Piscine Régionale des Îles parking lot.

**5km route:**

The departure will take place on the Havre-aux-Basques à la Martinique (near the chalets) takes the road 199 all the way to the Piscine Régionale des Îles parking lot.

**1km route:**

The departure will take place on the Martinique road (near Léger-Cormier road) keeps going along the Martinique road (199) all the way to the Piscine Régionale des Îles parking lot.

**Services:**

Water stations at every 2km.  
First aid services on the race site

**Starting times :**

21.1 km walk : 7:30am  
21.1 km run : 8:30am  
10 km walk and run : 8:30am  
5 km walk and run : 8:30am  
1 km walk and run : 11:00am

Please be on site 30min. before your departure.

*REGISTRATION FORM*

NAME : \_\_\_\_\_

ADDRESS : \_\_\_\_\_

POSTAL CODE : \_\_\_\_\_

PHONE : \_\_\_\_\_

E-MAIL : \_\_\_\_\_

DATE OF BIRTH : \_\_\_\_\_

«BIB NUMBER» : \_\_\_\_\_

MALE : \_\_\_\_\_

FEMALE : \_\_\_\_\_

21.1 KM RUN AND WALK : \_\_\_\_\_

10 KM RUN AND WALK : \_\_\_\_\_

5 KM RUN AND WALK : \_\_\_\_\_

1 KM RUN AND WALK ; \_\_\_\_\_

PERSON TO CONTACT IN CASE OF EMERGENCY : \_\_\_\_\_

REGISTRATION : 30\$ : \_\_\_\_\_ 20\$ : \_\_\_\_\_ 5\$ \_\_\_\_\_

LATE REGISTRATION : 45\$ : \_\_\_\_\_ 35\$ : \_\_\_\_\_ 8\$ \_\_\_\_\_

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY, I FOR MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATOR AND ASSIGNS, WAIVE, RELEASE, AND DISCHARGE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES AGAINST ANY RACE OFFICIALS ( IN THIS CASE, THE CENTRE D'ACTIVITÉS PHYSIQUES DES ILES)

\_\_\_\_\_  
SIGNATURE :

\_\_\_\_\_  
PARENT OR GUARDIAN IF UNDER 18

BY THIS AUTHORIZATION, I GIVE THE CENTRE D'ACTIVITÉ PHYSIQUE DES ÎLES PERMISSION TO USE OTHERWISE PUBLISH, WITHOUT CHARGE OR FEES OF ANY KIND, THE PHOTOGRAPHS OF ME, TAKEN DURING THIS EVENT. \_\_\_\_\_

**RESPONSABILITY :**

THE CENTRE D'ACTIVITÉS PHYSIQUES DES ÎLES DECLINES ALL RESPONSABILITY IN CASE OF AN ACCIDENT, THEFT OR VANDALISM.